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Suggested Interview Questions
for Mary Marcdante
Author of *My Mother, My Friend*
(5-7 minutes and 30-60 minutes options included)

Shorter Interviews (5-7 minutes)

- Why did you write *My Mother, My Friend*?
- What are some of the best lessons women learned from their mothers?
- What's the best way to get started in knowing our mothers better?
- What are three tips to create a better friendship with my mother?
- What are the ten things I should talk about with my mother?
- In the preface you said that in your research you found four common questions that women wanted to ask their mothers but were afraid to ask. What are those questions?
- You allude to your mother coming to you in a dream and telling you to write *My Mother, My Friend*. Tell us more about that.
- What about men and mothers? Is *My Mother, My Friend* for them too?
- What's the most important message you want to leave with our listeners?
- Where can listeners get more information?

For interviews and more information:

Mary Marcdante

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*How do you stay inspired? Simple: Start here: Who do you appreciate? Tell them.
What are you grateful for? Tell yourself? Who and what inspires you? Tell the world.*



**Suggested Interview Questions for
Mary Marcdante
Author of *My Mother, My Friend*
For 30-60 Minute Interviews (2 pages)**

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- Why did you write *My Mother, My Friend*?
- What are some of the best lessons women have learned from your mother?
- What's the best way to get started in knowing our mothers better?
- What are three tips to create a better friendship with our mothers?
- What are the ten things we should talk about with our mothers?

- What did you learn about mother/daughter relationships?
- If a woman already has a good relationship with her mother, are there questions she should still ask?
- What if you don't like your mother? (*Ask this just before a break!*)
- What are the most important topics to start with?
- In the preface you said that in your research you found four common questions that women wanted to ask their mothers but were afraid to ask. What are those questions?

- What question was the scariest for you to ask your mother?
- What questions do women often overlook or avoid asking?
- How does a woman's mother impact her self-worth?
- In the chapter on resolving conflict you give sixteen specific assertive phrases to use with a resistant mother. Give us an example.
- How can a woman respond to a critical mother?

*How do you stay inspired? Simple: Start here: Who do you appreciate? Tell them.
What are you grateful for? Tell yourself? Who and what inspires you? Tell the world.*

- How do you deal with a mother who is passive?
- Family secrets. How do you get a mother to talk about her secrets?
- What assertive response can a woman say to her mother when she says, “That’s none of your business?”
- Tell us one of your favorite stories from *My Mother, My Friend*.

- Tell us about your relationship with your mother.
- What about men and mothers? Is *My Mother, My Friend* for them too?
- You say that there are four things mothers want from their adult children to feel more appreciated. What are they?
- What tips do you have on how to appreciate our mothers better?
- You allude to your mother coming to you in a dream and telling you to write *My Mother, My Friend*. Tell us more about that.

- What’s the most important message you want to leave with our listeners?
- Where can listeners get more information?

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